

Conference Schedule

7:30 - 8:00	Registration
8:00 - 9:00	Keynote
9:15 - 10:15	1 st Breakout
10:30 - 11:30	2 nd Breakout
11:30 - 12:45	Lunch
12:45 - 1:45	3 rd Breakout
2:00 - 3:00	Keynote
3:00 - 3:15	Closing



Sponsored by:

Cornerstone Vision Counseling & Psychological Services
Emmanuel Community Church
Fellowship of Christian Counselors

Integrate for Life Conference

Connecting the Heart, Mind, Soul, and Body



Keynote Sessions

Dr. Peter Jakacki & Dr. Gregory Sowles

Dr. Jakacki will discuss foundational brain and central nervous system physiology by introducing the concept of personalized treatment based on a person's genetics. He and Dr. Sowles will discuss various integrative and natural treatments that may be utilized to optimize psychological health. They will address the effects of diet, lifestyle and nutrition on brain and nervous system health which subsequently expands to affect multiple areas of health.

Breakouts

Workshops will cover topics such as:

Suicide	Marriage
Homosexuality	Boundaries
Nutrition	Social Media
Stress	Dementia
Epigenetics	Parenting
Chronic Pain	Forgiveness
Burnout	Emotional Freedom

The **Integrate for Life Conference** is for equipping churches, families and professionals with insights and practical strategies to move them toward healing, wholeness, and a balanced life.

When: Saturday, March 24, 2018

8:00 am-3:15 pm, registration 7:30 am

Where: Emmanuel Community Church
12222 US 24 West
Fort Wayne, Indiana

Cost: Early Registration: \$25 by February 24
Registration after February 24: \$35

Continuing Education Units available for professionals: \$55

To Register:

www.ifl2018.eventbrite.com

Emmanuel Community Church: 260-672-3377
CornerstoneVision: 260-387-6340